

Using the Life Journals is a great way to grow closer to God every day!

Over time, your journal provides a record of what God has been saying and also how he has been answering your prayers. The Life Journal is also a useful tool to use at a later time, to reflect on and review some of the 'gems' that you have received. Without writing them down, you may forget those blessings and some very important lessons! And while journaling is a very personal time with the Lord, **you may want to share some of your daily journaling with your Community group or mentors.** Through discussion, you may be able to look deeper into what God is speaking to you, gain new insight and even encourage others.

S for Scripture

Open your Bible to the reading found under today's date of your Bible bookmark. Take time reading and allow God to speak to you. When you are done, look for a verse that particularly spoke to you that day, and write it in your journal.

O for Observation

What is God saying in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you. Paraphrase and write this scripture down in your own words, in your journal.

A for Application

Personalize what you have read, by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or corrections for a particular area of your life. Write how this scripture can apply to you today.

P for Prayer

This can be as simple as asking God to help you use this scripture, or it may be a greater insight on what He may be revealing to you. Remember, prayer is a two way conversation, so be sure to listen to what God has to say! Now, write it out.

